

# Moving & Handling Strategy

An initiative of the London Group of National Back Exchange to provide

Standards
for
Handling People and
Objects
in
Health and Social Care

Folder 6

## **Table of Contents**

Table of Contents	1
Appendix 10 – Unit/ ward MH assessments/ audits	2
Section A – General Data	4
Section B – Moving & handling risks	5
Section C - Equipment	22
Section D – Incidents and accidents, and work related sickness absence	24
Section E - Reporting and monitoring	25 27 29
Section F - PlanningF1 Action planF2 Equipment acquisition planF3 Training plan	33 34
Section G - Staff	36
Section H - Management	

#### Appendix 10 - Unit/ ward MH assessments/ audits

**Authors:** David Couzens-Howard (Moving and handling unit level overview)

Joan Gabbett (Individual capability assessment, Unit/ ward musculoskeletal

disorders assessment)

This appendix relates to Standard B9 – 'Unit/ward assessments and audits'. It gives a suite of tools for auditing, consisting of:

- A General data
- B Moving & handling risks
- C Equipment
- D Incidents and accidents, and work related sickness absence
- E Reporting and monitoring
  - E.1 Periodic return
  - E.2 Monitoring form
  - E.3 Seeking help
  - E.4 Link worker's management report

#### F Planning

- F. 1 Action plan
- F.2 Equipment acquisition plan
- F.3 Training plan
- G Staff
  - G.1 Individual capability
  - G.2 Unit/ ward musculoskeletal disorders assessment
- **H** Management
  - H.1 Management check list
- N.B. These letters A-H do not refer to the standards, but to this appendix only.

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## MOVING & HANDLING UNIT LEVEL OVERVIEW

Name and Address of	f Unit/ Ward/ Workplace	
Directorate	Description of Service/ Speciality/ Purpose – e.g. continuing care/ rehabilitation/ respite	Phone No.

This is a tool suitable for a clinical service unit/ workplace where there are dependent patients/ clients/ service-users who require physical help (moving and handling) in order to provide for their needs.

#### Section A - General Data

Modern Ma	tron:								
Manager:									
Deputy Ma	Deputy Manager:								
Manual Ha	ndling Link \	Workers:							
1	1								
2	2								
Other men	nbers of staf	t with H&S	respon	sibilitie	es				
1									
							••		
2									
3									
4									
5									
J					•••••		••		
	Health & Safety Representatives								
(Staff Side)									
Number of	nursing/car	e staff per	shift – <i>i</i>	AM (ea	ırlv): PM (	late	e): Ni	iahts	
AM:		PM:		(			ight:	3,	
Registered	= HCA =	Regi	stered :	= HC	CA =		_	ered =	HCA =
Staff Turno	over: high	/ medium /	low						
Current No	o. of individu	als who ne	ed regu	ılar M&	H training	, ev	ery y	ear:	
Dawlatana	J	,	10.4		0.4		_		
Registered	d =		$+CA = _{-}$		Ot	ner	s = _		_
	<b>/D</b> I								
No. of Beds	s/Places:		Avera	ge No.	of Service	) US	sers: <sub>-</sub>		
		0	1	2	3	4		5	6
_	o. of Service	0	•		J	_		0	0
	ich <u>mobility</u>								
score categ	gory								
			Full / pa	rtial					
Supervision / Weight   Weight   Weight   Minimal / non   Totally									
No handling	Independent with	prompting or	bearing. Modera		Has upper		weigh	it bearing.	dependent; assistance
needs	equipment	minimal assistance	assistar	nce.	body strengt and sitting	h	Little/i	no sitting ce	required with all
		required	Use of s		balance		Jaiaii	-	movement
0	1	2	3		4			5	6
	<u> </u>		1	-	•			-	•

#### Section B – Moving & handling risks

NB: There are 5 levels of risk in this system, relating to the standard NHS 5 X 5 risk evaluation scheme. This takes into account the impact or consequences (C) of an adverse event (accident/incident/injury) and the likelihood or probability (L) of it occurring.

Risk score (C x L)	0 – 6/25	8 – 12/25	15 – 16/25	20/25	25/25
(0 X L)	1/5	2/5	3/5	4/5	5/5
Risk Level	Low (L)	Medium (M)	High (H)3/5	Very High	Extreme (Ex)
				(VH)	

#### **B.1** – Environment

Use the assessment tools in the appendix to identify the hazards and evaluate the risks for each category of working environment (type of room or space):

Type of room/	Hazards identified	Who is at risk	Risk ev	aluation
space		and in what way?	Score	Level
Bedrooms		-		
B / .				
Bath/ shower				
rooms				
Toilets				
Dayraama				
Day rooms				
Dining rooms				
Camidana				
Corridors				
		l .		

Reception areas and lobbies		
and lobbles		
Offices		
Kitchens		
Store rooms		
Garden/ grounds		
9.04.140		
Other		
Overall summary		
Surmary		
Comments		
Comments		

#### **B.2 – Individuals (members of staff)**

Use the assessment tools in the appendix to identify the hazards and evaluate the risks for each member of staff. These will be so called 'personal risk factors'.

As this document is public and some of the information about staff may be confidential, please indicate any general problems here as a summary of the individual assessments, which should be kept with the individual member of staff's personal records.

Summary of moving & handling risks associated with the staff and their risk factors:
Summarise competency issues, consider remedial measures and refer to Training Plan and enter into Action Plan
Summarise health & fitness issues, consider remedial measures and referral to Occupational Heath and enter into Action Plan
B.3 – Inanimate loads

Use the assessment tools in the appendix to identify the hazards and evaluate the risks for each category of load. (Consider - stores, shopping, furniture, equipment, waste, laundry etc.)

Type of load and	Hazards identified	Who is at risk	Risk ev	aluation
tasks required to		and in what way?	Score	Level
handle load				

		T					
Equipment ava	ailabl	le for ha	ndling inar	nimate	loads		
Make	Mod	lel	Last	Comm	nents		
			serviced		ition, adequate numbe		
				owned	by unit, on loan, rente	ed, lease	agreement)
General comme	nts						
ND D C							
NB: Refer any ir	naded	luacies to	the action	and pu	rchase plans		
B.4 – Tasks re	quire	ed in ord	er to care	for ser	vice users		
C. mama amu of ta	alra i	<u> </u>	الملمة منصدا	a bala			
Summary of ta Task		azards Ide		es pelo	Who is at risk	Pisk AV	aluation
Task	' '	120103 100	minea		and in what way?	Score	Level
Bed moves						200.0	
(in bed moves)							
,							
Bed moves							
(Transfers to/							
from bed)							
,							
Coated therefore							
Seated transfers and sit ← →	<b>^</b>						
stand							
2.0.10	1						

Toileting				
Washing/ bathing				
3				
Walking and mobilising				
Other rehab				
Transfers from floor				
Emergency evacuation				
Other				
Summary				
Write or review Ct	tandard Operating procedures 4	For all tacks		
Write or review Standard Operating procedures for all tasks.				

In the following analysis tables of the  $\underline{\text{current system}}$  of work for moving & handling;  $\underline{\text{Legend:}}$   $\underline{\text{M}}$  = Method

Eq

= Equipment= Number of carers Ν

Han	dling task (manoeuvre)	Bed mov	ves (in bed moves)
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:
1	M:		Height adjustable/profiling
	Eq:		beds?
<u> </u>	N:		Any specialised equipment?
2	M:		Enough suitable slide
	Eq:		sheets?
3	N: M:		Enough room to move
			freely?
	Eq:		Enough room to use a hoist?
4	N: M:		Excessive stooping/
	Eq:		twisting?
	N:		Are bed rails/ cot sides present?
5	M:		Is furniture around
	Eq:		bed easy to move?
	N:		Pressure relieving mattresses?
6	M:		Wheels/ brakes
	Eq:		working?
<u></u>	N: DITIONAL MEASURES TO CON	SIDER TO REDUCE RISK:	For example:
, , ,			Types of bed
			Hand blocks
			Improving hoist access
			Furniture sliders
			Using different types of slide sheet
	e or review SOPs for these task		Additional training

Han	Handling task (manoeuvre) Bed moves (transfers to/ from bed)						
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:				
1	M:		Height adjustable/profiling				
	Eq:		beds?				
2	N: M:		Any specialised equipment?				
	Eq:		Enough suitable slide sheets?				
3	N: M:		Enough room to move freely?				
	Eq:		Enough room to use a hoist?				
4	M:		Excessive stooping/				
	Eq:		twisting?				
5	N: M:		Are bed rails/ cot sides present?				
	Eq:		Is furniture around bed easy to move?				
6	N: M:		Pressure relieving mattresses?				
	Eq:		Wheels/ brakes working?				
ADD	ITIONAL MEASURES TO CONSI	DER TO REDUCE RISK:	For example: Types of bed				
			Hand blocks				
			Improving hoist access				
			Furniture sliders				
			Using different types of slide sheet				
\\/~:+	o or rovious SODs for those tool		Additional training				
vvrit	Write or review SOPs for these tasks						

Han	dling task (manoeuvre)	Seated transfers	s and sit $\leftarrow \rightarrow$ stand
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:
1	M: Eq:		Type of seating - Chairs too low? - Chairs too deep?
2	N: M:		Any specialised equipment?
	Eq:		Enough room to move freely?
3	N: M:		Enough room to use a hoist?
	Eq: N:		Excessive stooping/ twisting?
4	M: Eq:		Chair arms get in the way?
	N:		Flooring and footwear?
5	M:		Brakes or wheels
	Eq:		defective?
6	N: M:		Not enough suitable wheelchairs/ transfer
	Eq:		chairs?
•	N:		
ADD	ITIONAL MEASURES TO CONS	IDER TO REDUCE RISK:	For example:
			Use of suitable hoist and sling
			Use of standing hoist
			Use of handling belt/ suitable transfer board/ one way glide
			Use of rotastand/ rotamove
Writ	e or review SOPs for these task	(S	l

Han	dling task (manoeuvre)		Toileting
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:
1	M:		Number of toilets?
	Eq:		Ease of access?
2	N: M:		Enough room to move freely in a good
2			posture?
	Eq:		Enough room to use a hoist?
3	M:		Excessive stooping/
	Eq:		twisting?
4	N: M:		Convenient grab rails, etc?
7			Floor slippery?
	Eq:		
5	N: M:		Toilet seat height?
	Eq:		Inward opening doors?
	N:		
6	M:		
	Eq:		
\ DC	N: DITIONAL MEASURES TO CONS	IDED TO DEDUCE DISK.	For example:
ADL	THONAL WEASURES TO CONS	IDER TO REDUCE RISK.	For example:
			Use of suitable hoist and sling
			Use of standing hoist
			Install grab rails
			Use of rotastand/ rotamove
			Use of commodes
Writ	e or review SOPs for these tasl	ks	

Handling task (manoeuvre) Washing/bathing					
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:		
1	M:		Number of bathrooms?		
	Eq:		Type of baths/		
	N:		showers?		
2	M: Eq:		Any specialised equipment?		
	N:		Height adjustable?		
3	M: Eq:		Enough room to move freely in a good posture?		
4	N: M:		Enough room to use a hoist?		
	Eq:		Excessive stooping/ twisting?		
	N:				
5	M:		Convenient grab rails, etc?		
	Eq:		Floor slippery?		
	N:				
6	M: Eq:				
	N:				
ADD	DITIONAL MEASURES TO CONS	SIDER TO REDUCE RISK:	For example:		
			Improving hoist access		
			Install grab rails		
			Reschedule workload		
			Different type of bath		
			Use of showers		
Writ	e or review SOPs for these task	<s< td=""><td></td></s<>			

Har	ndling task (manoeuvre)	d mobilising	
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:
1	M:		Ability to walk is assessed?
	Eq:		Enough room to walk/
2	N: M:		mobilise freely, with a handler if required?
	Eq:		Floor suitable?
	N:		Footwear suitable?
3	M:		Doors open
	Eq:		automatically and know which way?
4	N: M:		Suitable equipment available?
	Eq:		Any equipment
	N:		adjusted to correct height?
5	M:		Correct equipment for
	Eq:		the person to assist in walking?
6	N: M:		-
	Eq:		
	N:		
ADI	DITIONAL MEASURES TO CONS	SIDER TO REDUCE RISK:	For example:
			Walking hoists, walking tables walking frames (various)/ crutches/ stick/s as required.
Writ	e or review SOPs for these task	<b>(</b> S	

Han	Handling task (manoeuvre) Other rehabilitation					
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS / OTHER FACTORS	For example:			
1	M:		Height adjustable/profiling			
	Eq:		beds?			
2	N: M:		Any specialised equipment?			
	Eq:		Enough suitable slide sheets?			
3	N: M:		Enough room to move freely?			
	Eq:		Enough room to use a hoist?			
4	N: M:		Excessive stooping/ twisting?			
	Eq: N:		Are bed rails/ cot sides present?			
5	M:		Is furniture around			
	Eq:		bed easy to move?			
6	N: M:		Pressure relieving mattresses?			
	Eq:		Wheels/ brakes working and are on to stop furniture moving?			
ADE	N: DITIONAL MEASURES TO CONS	SIDER TO REDUCE RISK:	For example: Types of bed			
			Hand blocks			
			Improving hoist access			
			Furniture sliders			
			Using different types of slide sheet			
	e or review SOPs for these task		Additional training			

Han	dling task (manoeuvre)	Transfer	s from floor
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:
1	M:		Hoist suitable? Can the person be flat
	Eq:		lifted from the floor if
	N:		they have sustained a fractured spine or
2	M:		femur?
	Eq:		Any specialised equipment?
3	N: M:		Enough room to move
3	IVI.		freely?
	Eq:		Enough room to use a hoist?
4	N:		<u> </u> -
4	M:		Any specific slide sheets?
	Eq:		Floor slippery?
	N:		
5	M:		
	Eq:		
	N:		
6	M:		
	Eq:		
	N:		
ADD	OITIONAL MEASURES TO CONS	SIDER TO REDUCE RISK:	For example:
			Improving hoist access
			Staff training
			Any existing protocols or standard procedures
Writ	e or review SOPs for these task	(S	I

Han	dling task (manoeuvre)	evacuation					
MS	SYSTEMS OF WORK	PROBLEMS/ HAZARDS / OTHER FACTORS	For example:				
1	M:		Enough room to move freely and safely?				
	Eq:		Any specialised and				
	N:		suitable equipment required?				
2	M: Eq:		e.g slide sheets and extension handles, evacuation chairs, ski				
	N:		sheets etc.				
3	M:						
	Eq:						
	N:						
4	M:						
	Eq:						
	N:						
5	M:						
	Eq:						
	N:						
6	M:						
	Eq:						
	N:						
ADD	DITIONAL MEASURES TO CONS	SIDER TO REDUCE RISK:	For example:				
Writ	Write or review SOPs for these tasks						

Handling Task (Manoeuvre)	Oth	er
SYSTEMS OF WORK	PROBLEMS/ HAZARDS/ OTHER FACTORS	For example:
M:		
Eq:		
N:		
M:		
Eq:		
N:		
M:		
Eq:		
N:		
M:		
Eq:		
N:		
M:		
Eq:		
N:		
M:		
Eq:		
N:		
ADDITIONAL MEASURES TO CONS	SIDER TO REDUCE RISK:	For example:
Write or review SOPs for these task	S	

## B.5 - Patients/ persons/ service users

All persons/ service users must have an individual assessment of their handling needs and the associated risks, using the forms in the appendix.

This form may be used for checking that all patients/ service users have been assessed.

	Service User Name		MS	RS	Most recent review	accurate, current and up to date	Comments
1						(Y/N)	
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							
21							
22							
23							
24							
25							

MS = Mobility Score

RS = Risk Score

## B.6 - Organisational, psycho-social issues and other contributory factors

Use the assessment tools in the appendix to identify the problems and hazards and evaluate the risks.

Summary of issues and problems relating to organisational and psycho-social factors					
Consider solutions and enter into action plan.					

## **Section C - Equipment**

Equipment for moving and handling:

Hoists/ stand aids/ bath hoists:

Make	Model	Last serviced and tested	Comments (Condition, adequate numbers, suitability, owned by unit, on loan, rented, lease agreement)

Slings:

Make	Model /	Number	Last tested	Comments
IVIANC			Lasi iesieu	
	type	in use		(Condition, adequate
				numbers, suitability,
				owned by unit, on loan,
				rented, lease agreement)

$\sim$				
<u> </u>	lide	ch	מסו	tc
	-	. 71	-	1.7

Make	Size/ type	Number in	Comments
		use	(Condition, adequate
			numbers, suitability,
			owned by unit, on loan,
			rented, lease agreement)

Other handling aids:

Other handling a	iius:		
Make	Size/ type	Number	Comments
		in use	(Condition, adequate numbers,
			suitability,
			owned by unit, on loan, rented,
			lease agreement)

Other related equipment

(Therapeutic equipment, Beds - profiling, commodes, walking aids etc.)

Make	Size/ type	Number	Comments
		in use	(Condition, adequate numbers,
			suitability, owned by unit, on loan,
			rented, lease agreement)

## Section D - Incidents and accidents, and work related sickness absence

Moving and handling only	No.
Serious untoward incidents in the last 12 months affecting service users	
only	
Serious untoward incidents in the last 12 months affecting staff only	
Serious untoward incidents in the last 12 months affecting both	
Total No. of serious untoward incidents in the last 12 months	
Over 3 day or other RIDDOR injuries	
Members of staff off sick for more than 1month	
Any significant sickness absence -	
Rate of sickness absence	_%

#### Section E - Reporting and monitoring

#### E1 Moving & handling periodic return form

For the period	/	/20	-	/	/20

The purpose of this form is to ensure that issues, problems and hazards are identified and dealt with and to assure senior management and the Board that practice is safe and quality is delivered. The service lead or manager will know all the frontline problems and the local manager will be assured that they know.

This return is to be submitted by the ward / unit / team manager on a regular basis, at agreed intervals, to their manager.

Agreed interval >\_\_\_\_

Directorate/
Service
Speciality

Manager

No. of patients/
service users/
beds

Ward/ Unit/
Team

Manager

No. of staff in post

Every aspect of moving & handling is as safe as it is reasonably practicable to achieve and maintain, and all contingencies are catered for so far as is reasonably foreseeable. If true, sign below; if not proceed to next table.

Signature

Date

Unresolved issues, regarding: -

Element	Brief description and comments
Policy/ procedure/	
assessment	
Practice	
Safe systems of	
work	
Access & egress	
(including emergency	
evacuation)	
Clinical & working	
environment	
Handling	
equipment	
(hoists & small aids)	
Associated	
equipment	
(beds, baths,	
commodes etc.)	
Furniture &	
furnishings	
(patient seating etc.)	
Fixtures &	
fittings	

Workforce - staffing levels		
Staff capability – health & fitness		
Staff capability – competence		
Patient/ service user issues		
Inanimate loads		
Tasks that involve unusual movements or applications of force		
Tasks that require maintaining undesirable postures		
Bariatrics		
Emergency/ contingency		
Equip. servicing/ Maintenance/ repairs		
Equipment cleaning		
Transport		
Other		
Serious untoward	d incidents (SUI)	
	moving & handling are not as safe as it is reasonably praction tain, and/or some contingencies are not catered for so far a eeable. If true, sign below.	
Signature	Date	
Formulate an action	ion plan	

## E2 Moving & handling monitoring form

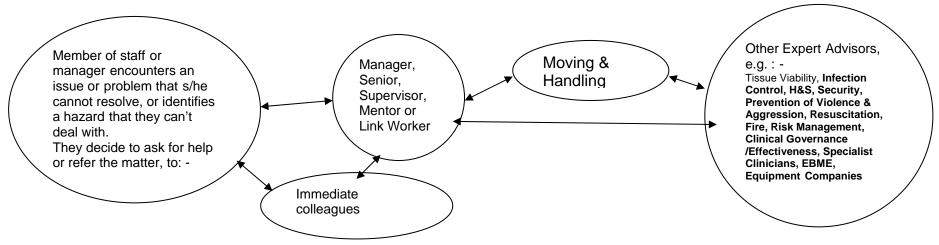
Date of Summary	/ /
The purpose of this for	m is for service leads / modern matrons, etc. to summarise the tted by local managers. This will provide an overview as part of the
Directorate/ Service	Manager/ Service Lead/ Modern Matron
Ward/ Uni / Team <b>1</b>	Local Manager
Issues, problems, hazards encountered – brief description	
Resolved?	Yes / No / Partially / Not sure
Further action required	
Further action taken	
Review date	
Ward/ Unit/ Team <b>2</b>	Local Manager
Issues, problems, hazards encountered – brief description	
Resolved?	Yes / No / Partially / Not sure
Further action required	
Further action taken	
Review date	

Issues, problems, hazards encountered brief description  Resolved?  Further action required  Further action taken  Review date  Ward/ Unit/ Team 4  Issues, problems, hazards encountered brief description  Resolved?  Further action required  Further action required  Further action required  Further action required  Further action taken  Review date  Ward/ Unit/ Team 5  Issues, problems, hazards encountered brief description  Resolved?  Further action taken  Review date  Vard/ Unit/ Team 5  Issues, problems, hazards encountered brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action taken  Review date	Ward/ Unit/ Team <b>3</b>			Local Manager	
Further action required  Further action taken  Review date  Ward/ Unit/ Team 4	Issues, proble hazards enco	ountered -			
Further action taken  Review date  Ward/ Unit/ Team 4 Issues, problems, hazards encountered – brief description  Resolved?  Further action required  Further action taken  Ward/ Unit/ Team 5 Issues, problems, hazards encountered – brief description  Review date  Vard/ Unit/ Team 5 Issues, problems, hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action required  Further action required  Further action taken	Resolved?		Yes / No / I	Partially / Not sure	
Review date    Ward/ Unit/ Team 4					
Ward/ Unit/ Team 4  Issues, problems, hazards encountered – brief description  Resolved?  Further action required  Further action taken  Review date  Ward/ Unit/ Team 5  Issues, problems, hazards encountered – brief description  Resolved?  Vard/ Unit/ Team 5  Issues, problems, hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action required  Further action taken		n taken			
Team 4   Susues, problems, hazards encountered – brief description   Yes / No / Partially / Not sure    Further action required   Further action taken    Ward/ Unit/ Team 5   Local Manager    Issues, problems, hazards encountered – brief description    Resolved?   Yes / No / Partially / Not sure    Further action required    Further action required    Further action required	Review date				
hazards encountered – brief description  Resolved? Yes / No / Partially / Not sure  Further action required  Further action taken  Review date  Ward/ Unit/ Team 5  Issues, problems, hazards encountered – brief description  Resolved? Yes / No / Partially / Not sure  Further action required  Further action required  Further action taken	Team 4			Local Manager	
Further action required  Further action taken  Review date  Ward/ Unit/ Team 5 Issues, problems, hazards encountered – brief description  Resolved? Yes / No / Partially / Not sure  Further action required  Further action taken	hazards enco	ountered –			
Further action taken  Review date  Ward/ Unit/ Team 5  Issues, problems, hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action taken	Resolved?		Yes / No / I	Partially / Not sure	
Review date  Ward/ Unit/ Team 5  Issues, problems, hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action taken	Further action	n required			
Ward/ Unit/ Team 5  Issues, problems, hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action taken	Further action	n taken			
Team 5 Issues, problems, hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action taken	Review date				
hazards encountered – brief description  Resolved?  Yes / No / Partially / Not sure  Further action required  Further action taken	Team 5			Local Manager	
Further action required  Further action taken	hazards enco brief descript	ountered –			
Further action taken	Resolved?		Yes / No / I	Partially / Not sure	
Review date	Further action	n taken			
	Review date				

#### E3 Seeking help (information / advice / guidance) - Technical expertise

From time to time members of staff and managers encounter a moving & handling issue that may be a problem or pose a hazard to patients/service-users and/or staff. The principle is for that person to deal with it themselves if they can. This should be done in a systematic way, considering all of the pros and consulting with everyone involved. Frequently however, the individual cannot resolve the issue, in which case they should seek help. <u>Unresolved issues can be divided into three kinds: -</u>

- 1) Issues that require authority and /or funding. These are dealt with by escalating them through the management chain of command, until they reach a level where they can be dealt with.
- 2) Issues that require communication for cooperation / collaboration, as frequently happens where different teams, organisations or professions are providing services jointly, or sharing premises. This is covered in the Management of Health & Safety at Work Regulations 1999. These issues require negotiation and agreement, with perhaps memorandums of understanding.
- 3) Issues that require technical expertise see flowchart below



Follow the flowchart until the issue is resolved.

If you encounter a situation that you cannot resolve, you <u>must</u> take action to start resolving the problem and refer on as necessary. **PTO** 

## E3 (cont) Seeking help – Record of action

Person raising	Jo	ob title
issue		
Team/	Se	ervice/
Location	Dir	irectorate

Action	Date
Outline description of situation/ issue/ problem/ hazard	Reported
	Resolved
Resolved? – Yes / No / Partially / Not sure	
Action taken (Risk Assessment, Stopping the process, Isolating the problem, Problem-solving, Setting-up Safe System of Work, Discussion with immediate colleagues/team)	Reported
	Resolved
Descharge W (N /D C II /N /	
Resolved? – Yes / No / Partially / Not sure Link worker involved	Reported
Resolved? – Yes / No / Partially / Not sure	Resolved
Referred to Manager	Reported
	Resolved
Resolved? - Yes / No / Partially / Not sure	Resolved
Referred to moving & handling team	Reported
	Resolved
Resolved? – Yes / No / Partially / Not sure Referred to other expert advisors	Reported
Referred to other expert advisors	Reported
	Resolved
Resolved? - Yes / No / Partially / Not sure	
Issue remains unresolved → Management of residual risk(s)	
Review planned for	
·	

## E4 Link worker management report

Report for (Manager)		Date	/	/
Author(s) (Link worker/s)				
I/we carried out The following is	an assessment of the unit between / / a summary* of our findings, conclusions and tarted to resolve some of these issues. *The	recom		
Findings Problems and ha	azards encountered			
Problems and ha	azards fully resolved			
Problems and ha	azards partially resolved			

plan)	dear with this will require and agreed action
piariy	
Recommendations (possible solutions -	- immediate, short-term and long-term)
View of the control o	,
Benefits from the actions already unde	rtaken and the proposed actions
Costs	
Further action (e.g. escalation of risk, u	using the Risk Register)
· · · · · · · · · · · · · · · · · · ·	and the the state of the state
Report signed-off	(Link Worker) Date / /
	(Manager) Date / /

## Section F - Planning

## F1 Action plan

Plan generated				Date	/	/ /
by						
Manager				<u> </u>	1	
Proposed action						
Reasons for action - quality; reduced cos	_	tion or risk	(patient and staff safe	ety); enh	nance	ed
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						
Problems/ costs with	h implemen	ting plan				
Success criteria – to	o identify/ c	larify when	plan achieved			
	<u></u>	<u>,</u>	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			
Implementation tim	etable – de	adlines, tar	get dates and review o	dates		
Person(s) who will in	mplement t	he plan				
Reviews/ progress r	eports					
rioriona, pragrada	<u> </u>					
Plan agreed (1)		Plan signe	ed-off at completion (2)	)		
_		-	•			
(1)	(2)		(Link Worker)	Date	/	/
(1)	(2)		(Manager)	Date	/	/

## F2 Equipment acquisition plan

Plan generated			Date	/	/	
by						
Manager			l			
Items required						
Suppliers						
Proposals for acquisition	- to: borrow; re	ent; lease; purchase; o	ther			
	·					
Prices						
						J
Reasons for acquisition -		or risk (patient and sta	ff safety	); en	hance	ed
quality; reduced costs; of	other:					
Plan agreed (1)	Plan sigr	ned-off at completion (	(2)			
	(0)	/  ! , \\\	\ D-+-	,	,	
(1)	_ (2)	(LINK Worker,	) Date	/	/	
(1)	_ (2)	(Manager)	Date	/	/	

F3 Training pla	ın
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			Date	/	/
Manager			<u> </u>		
Simple					
Staff requiring trai	ining in the next 1	2 months			
Staff group	Type of course	No. to be trained To	<u>tal trainir</u>	ng days	<u>S</u>
New clinical					
Current clinical					
Link workers (new	<b>'</b> )				
Link workers (upd	ate)				
Admin					
Other					
Total					
Sophisticated					
Sopriisticated					
_	ills that need to be	e updated/ enhanced/ de	veloped <sup>-</sup>	to ensi	ure
Knowledge and sk competence.	ills that need to be	e updated/ enhanced/ de	veloped <sup>-</sup>	to ensi	ure
_	ills that need to be	e updated/ enhanced/ de	veloped ·	to ensi	ure
_	ills that need to be	e updated/ enhanced/ de	veloped <sup>·</sup>	to ensi	ure
competence.		e updated/ enhanced/ de			ure
competence.					ure
competence.					ıre
competence.  Training modules	suggested/ require				
Training modules s	suggested/ require	ed			
Training modules :  No. of training per	suggested/ require	ed			
Training modules :  No. of training per	suggested/ require	ed			
Training modules :  No. of training per	suggested/ require	ed			
Training modules :  No. of training per  Benefits  Plan agreed (1)	suggested/ require son days	n signed-off at completion	n (2)		
Training modules :  No. of training per  Benefits  Plan agreed (1)	suggested/ require	n signed-off at completion(Link Worke	n (2) r) Date		/

#### Section G - Staff

#### G1 Individual capability

To be completed by each member of staff/ carer in the unit and returned to your manager – in confidence.

	Yes	No	Comments
Do the tasks (activities/ jobs) you do:-			
Mean you have to work in awkward			
positions? e.g. stooped, twisted			
Require a lot of effort/ strength from you?			
Require prolonged effort?			
Require handling by 2 or more people?			
Are you pregnant?			
Have you recently returned to work			
following childbirth?			
Do you have a health problem (e.g. back pain, hernia)?			
Does your uniform allow free and			
unrestricted movement?			
Have you read the organisation Moving and			
Handling policy?			
Have you read the Departmental Moving			
and Handling policy?			
Do you have written procedures/ protocols			
to follow?			
Have you read and understood them?			
Do you require special knowledge and			
training to do your job safely?			
Do you have a record of your moving and			
handling training?			
When was your last mandatory care			
handling training?			
Was it appropriate for you to do your job			
safely?			
Are you able to use all the moving and			
handling equipment in your area?			
Have you been trained in the cleaning of all			
the handling equipment?			
Do you have any difficulties in carrying out			
any of the tasks you do? If so, write them			
below;			

To be updated annually or when any changes occur.

Adapted from RCN manual handling assessments in hospitals and the community (rev 2003) code 000 605

#### G2 Unit/ ward musculoskeletal disorders assessment

To be completed by the Ward Manager.

	Yes	No	N/A	Comments
If an accident or near miss				
occurs is there evidence to show				
that this is followed up by the H				
& S and/or Risk Management				
teams and/or the MHP/ BCA (as				
appropriate)?				
If a member of staff reports an				
onset of pain in the back or elsewhere in the musculoskeletal				
system is an incident/accident				
form completed?				
If the above occurs, do you;				
Notify Occupational Health as				
soon as possible?				
2. Advise the staff member to				
contact Occupational Health?				
Do you have staff off sick with				
injuries at present?				
1				
How many:				
Do you have staff working with				
musculoskeletal problems at present?				
present?				
How many:				
Total number of staff in				
department/ ward:				
Is this in line with RCN				
recommendations?				

To be updated annually.

Adapted from RCN manual handling assessments in hospitals and the community (rev 2003) code  $000\ 605$ 

## Section H - Management

## H1 Management checklist

Unit/ Team	Ward/		Date	
Mana	ger		/	/
intere	sted parties	is checklist is for managers to assure themselves (an with the right to know) that all moving & handling a control. This form may also be used for auditing pu	ind back c	
1.	The Moving complied w	& Handling and Back Care Policy is being implemen ith	ted and	
			Yes	No
2.	Link worker	s are in place and have received the necessary train	ning	
			Yes	No
3.	Staff know being identi	who to approach in the event of a problem occurring ified	g or a haz	ard
			Yes	No
4.	relating to r working env	ts have been carried out to discover problems, hazar moving & handling and back care, in terms of the cli vironment, equipment, members of staff, inanimate asks or manual handling operations (MHO)	nical and	
			Yes	No
5.	All service u associated i	users have been assessed for their moving & handlin risks	ng needs a	ınd any
			Yes	No
6.	All assessm	ents are current and up to date		
			Yes	No
7.		essary, risks have been evaluated or quantified using led 0 – 25 scoring system	g the	
			Yes	No
8.		ve been controlled, so far as is reasonably practicabl iminated, using safe systems of work (SSW) and sta (SOPs)		

9.	All of the staff (including bank staff) are fully aware of all proble	ems, hazards	
		Yes	No
10.	The modern matron/ service manager is fully aware of all probl and risks	ems, hazards	5
		Yes	No
11	Arrangements are in place for amorganism available		
11.	Arrangements are in place for emergency evacuation		
		Yes	No
12.	Arrangements are in place for identified contingencies, e.g. med of a hoist	chanical failui	re
		Yes	No
10	Arrangements are in place to deal with aline tring and falls		
13.	Arrangements are in place to deal with slips, trips and falls		
		Yes	No
14.	Arrangements are in place for the care of bariatric service users	6	
	·	Voo	Ma
		Yes	No
15.	Plans have been formulated to deal with any unmet needs and risks	uncontrolled	
		Yes	No
16.	Handling and associated equipment is fit for purpose and regular and maintained	arly inspected	ł
		Yes	No
17.	Staff are up to date with mandatory training		
		Yes	No
18.	Plans are being formulated to work towards competence-based	training	
	5		
		Yes	No
19.	Supervision and support is in place to ensure safe practice and practice (e.g. the "drag lift")	eradicate uns	safe
		Yes	No
20	Degular monitoring is in place and regular reporting accura		
20.	Regular monitoring is in place and regular reporting occurs		
		Yes	No

Yes

No

21.	Ad hoc reporting occurs as necessary				
				Yes	No
22.	Staff know when and how to report accidents/ incid	lents/ inju	urie	S	
				Yes	No
23.	There is a culture of openness and "fair blame"				
				Yes	No
24.	There is a learning culture				
				Yes	No
25.	There is a culture of safety				
				Yes	No
Comm	nents:				
Signat	ture	Date	/	/	
Status	s reported to	Date	/	/	
	(Manager/ committee/ group)				
Revie	w Date / / Review carried out	Date	/	/	